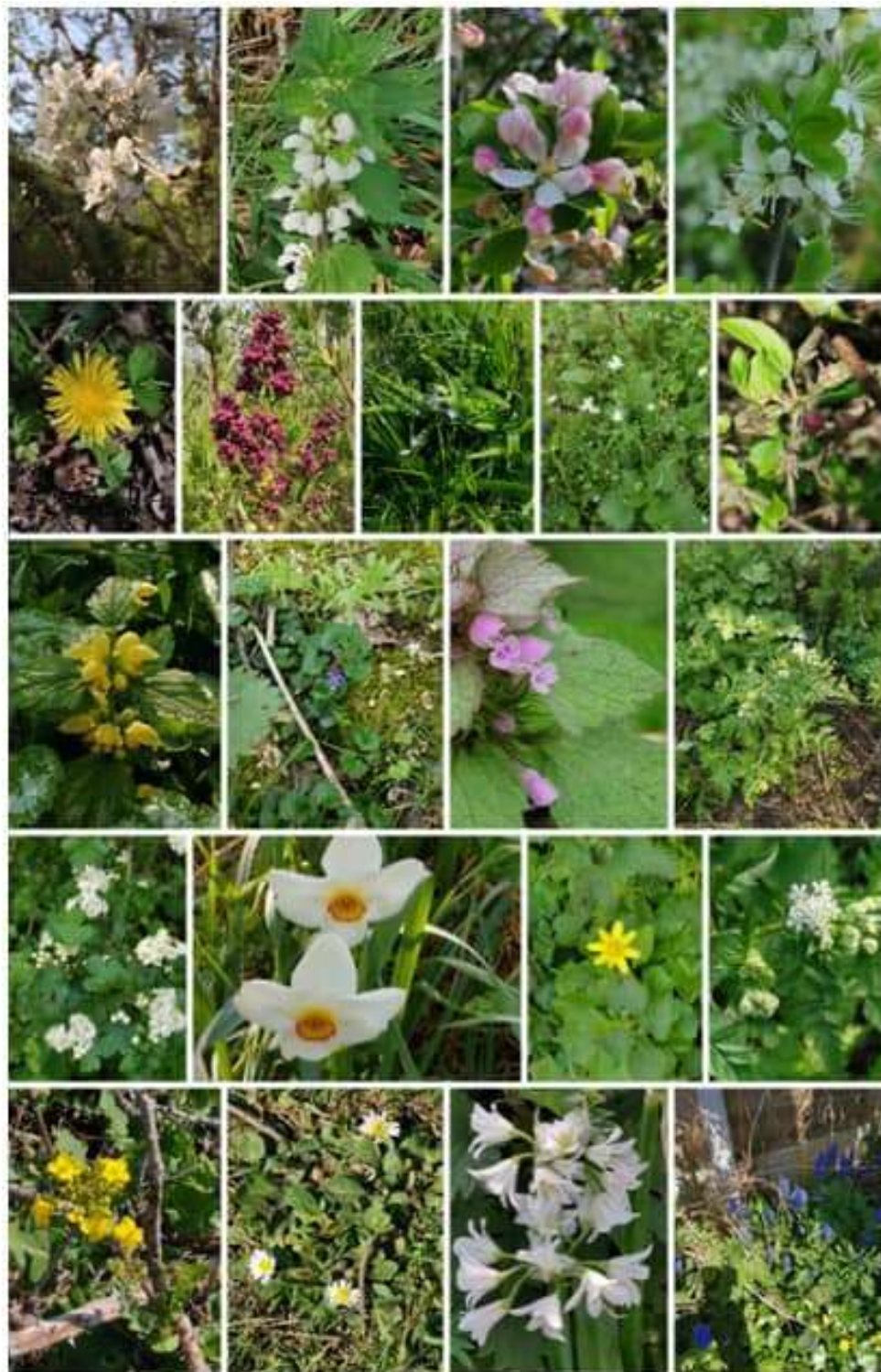


Free Range Play at home

Spring Bingo

The spring flowers are out, each day new blooms are appearing. Spotting flowers is a great way to explore the local area. I am super lucky to have a nature reserve behind my house



to walk in. If you have a garden, or somewhere to walk with a bit of nature why not see if you can spot any of these flowers.

If you don't have a garden or somewhere to walk close by why not use a book, app or google to see if you can identify what the flowers are?

In the forest we talking about not picking and licking. Some plants are poisonous and we never put them in our mouths. We also talk about making sure we don't pick all the flowers or berries as the plants, insects, birds and animals need them. It's a great way to introduce the permaculture principles of Earth Care, People Care and Fair Share to young children.

Our children do enjoy collecting though and egg boxes make a great collection pot with six holes to collect six different treasures.

Taking photographs is another great way to 'collect'. If you fancy taking part in the Great British Wildflower Hunt follow this link <https://www.plantlife.org.uk/wildflowerhunt/>

Happy Hunting