

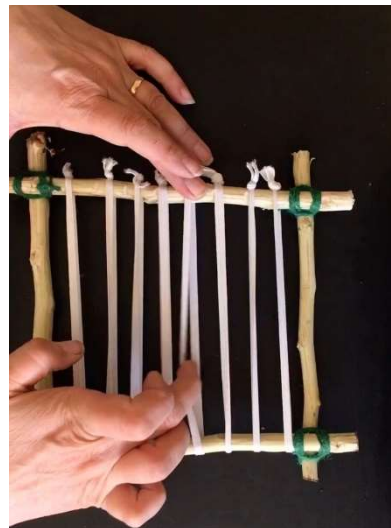
Free Range Play at home

Making Music

As Shakespeare wrote “If music is the food of love play on”. Our children in the forest love music, singing and making rhythms with sticks on fallen logs. Making music is fun, it is creative, an emotional outlet and fosters collaboration.

How about a jam session with musical instruments from around the house and garden?

We made a double base from a wooden frame and elastic. Elastic bands work better but we didn't have any. Any square plastic ice cream tub or metal biscuit tin works really well instead of a frame.



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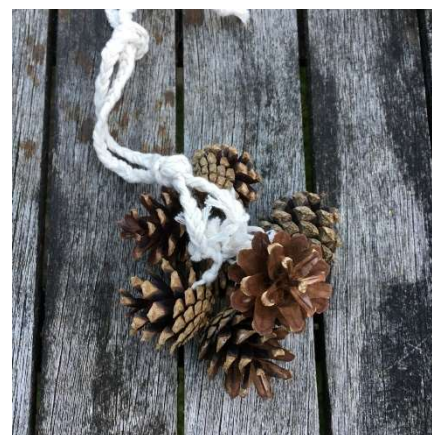
We created a drum kit from boxes, flower pots, tins, bowls and a watering can.

We made a shaker from pine cones tied onto a plated string. Empty water bottles with seeds, stones, gravel etc inside work really well as shakers.

Finally we created a xylophone from bottles filled with different amounts of water. We

suspended ours from a branch but they also work standing in a hard surface. As a child I remember using jam jars in my nans garden filled with water to make music.

Once the band is assembled it's time to make music. Any type of music is great! Nursery rhymes, jazz, hip hop, rock, whatever you fancy.



<https://www.youtube.com/watch?v=yROgPEJbDXg&feature=youtu.be>



If you want to try a few new songs check out the Musiko Musika website for some great songs. There are some interesting video clips explaining how music and songs support children's learning. At the bottom of the page there are four new songs to learn and try out with your instruments.

<https://www.musikomusika.org/early-years-resources>

Have fun making music!